Nurse Led Initiatives to Improve Access to Colposcopy for Indigenous Women in Australia

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No financial relationships or conflict of interest to disclose
Early Education

- Rural and remote NSW
- RN
- Midwife
- Sexual and Reproductive Health
- Immunisation accredited
- CNS Women’s Health
- Master of Nursing NP
Cervical Screening in Australia

- Cervical cancer has halved since the National Cervical Screening program commenced in 1991.
- HPV Vaccination commenced in 2007 for female and 2013 for male students.
- Women 18-69 have 2nd yearly pap smears.
- The National Cervical Screening program has changed from December 1st 2017.
Why?

“Of concern, is that the incidence of cervical cancer in Aboriginal and Torres Strait Islander women was more than twice that of non-Indigenous women and mortality of Indigenous women was 5 times the non-Indigenous rate.”

In Australia, Colposcopy has long been the domain of the Gynaecologist.
Why?

• 2011 a large gap in service was recognised.
• There was no Public colposcopy in Central West NSW.
• A culturally appropriate service was required.
• Approached to establish a Nurse led Colposcopy service*

*Rural Doctor’s Network of NSW (RDN) and the Western NSW Local Health District (WNSWLHD)
How?

- A meeting was scheduled.
- A partnership was formed in March 2012.
How?

• Observer ship and supervised procedural instruction.
• ASCCP Comprehensive Colposcopy Course, San Francisco, August 2013
• Australian SCCP Colposcopy Professional Update, Brisbane August 2013
• Colposcopy Quality Improvement Program (CQUIP)*
• Western NSW Local Health District Colposcopy Standards endorsed.

*Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG) January 2015
Our First Clinic

• The first Nurse Led Colposcopy clinic was held at OAMS* on the 5th of July 2012.

• 3 patients attended.

• We now see 15 or more women each clinic.

• Referrals are made by GPs from various locations throughout rural NSW and the OAMS itself.

• There are no out of pocket fees for colposcopy.

*Orange Aboriginal Medical Service
Where are we up to?

- Operational now for 6 years
- Close partnership with Nursing and Admin Staff at OAMS
- Providing regular education to OAMS staff
Staying true to our goals!

- Client satisfaction
- Early data
- Timely diagnosis and treatment
- Keeping our women healthy and preventing hospital admissions
• Reducing the number of non-attendance figures to the clinics.

• Increasing number of patients directly accessing the service.

• Increasing number of referrals from local health care providers.
Recognition..

1. WNSW LHD, ACI Innovation Award 2014- Winner

2. NSW Secretary of Health Award for Aboriginal Health 2014-Winner
Into the future...

• Expansion into more rural and remote sites

• The use of telehealth technologies

• Expansion of integrated NP led models of care

• Growing more Nurse Colposcopists
Growing demand..

• Interest in Nurse led services across Australia

• Growing demand for Nurse led services

• A safe and economical alternative
What is happening in our region?

- 3 trained Nurse Colposcopists in New Zealand
- LLETZ training commenced
- Big waiting lists for colposcopy in the North Island
- Online CQuip course available to NZ Colposcopists
- Slowly expanding, greater acceptance.
Thank You
References


3. http://www.glowm.com/section_view/heading/Colposcopy/item/19 accessed 1.5.16


5. Nurse Colposcopy Clinic, A service in NSW. Barrett, Dr E. RDN. And Parker, L. June 2014

References cont...

No Disclosures